



# WINTER FESTIVAL SHORT COURSE

**Saturday June 13<sup>th</sup>**

**Waterworld, Hamilton**

**For 13 & Over Swimmers:**

**This meet is designed to challenge swimmers with fun, fast, and creative race formats that reward skill, speed, and smart racing.**

**For 12 & Under Swimmers:**

**This meet gives swimmers a chance to race a variety of strokes and distances in a fun, supportive environment that encourages learning and improvement.**



# WINTER FESTIVAL

**Saturday June 13<sup>th</sup>**  
**Waterworld, Hamilton**

**Session 1 - 13+**  
**Warm-up: 9 am**  
**Racing 9:45 am**

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- 1 25m Freestyle**
- 2 200m IM**
- 3 100m Breaststroke**
- 4 150m Broken Freestyle  
(3x50 @ 1:00)**
- 5 25m Fly FINS**
- 6 100m Backstroke**
- 7 300m Freestyle**
- 8 50m Fly**
- 9 50m Freestyle FINS (WR)**
- 10 100 IM random order  
(per heat)**
- 11 100m Free**
- 12 50m Breaststroke**
- 13 50m Backstroke**

**Session 2 - 12&U**  
**Warm-up: 12:30 pm**  
**Racing 1:00 pm**

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- 14 25m Freestyle**
- 15 50m Breaststroke**
- 16 100m Backstroke**
- 17 50m Butterfly**
- 18 50m Freestyle**
- 19 100m IM random  
order (per heat)**
- 20 50m kick fins**
- 21 25m Backstroke**
- 22 100m Breaststroke**
- 23 50m Backstroke**
- 24 25m Butterfly**
- 25 100m Freestyle**
- 26 50m Freestyle fins**

**25m Freestyle Skinz Male & Female for  
Session 1 and Session 2**



# WINTER FESTIVAL

## St Paul's Winter Festival Swim Meet – Terms & Conditions

### Right to Compete

The St Paul's Winter Festival is open to all Competitive swimmers who are registered in the SNZ database and are financial as of the date of the meet. The meet will be conducted under Swimming New Zealand Regulations and Bylaws and World Aquatics Rules, except where local meet rules and conditions apply.

Non-competitive swimmers please enrol here:

[Winter Festival Google Form](#)

### Age as of: Saturday, 13th June 2026

This is a Short course event. Converted times from Long Course will be accepted. NTs (No Times) are accepted. All events are timed finals and mixed gender. The Technical Director reserves the right to restrict event numbers if entries exceed the nominated timeframe. Reseeding may be done at his discretion.

**Technical Director:** Len Woods

**Email:** Leonard.Woods@taharoaironsands.co.nz

### Entry Process

All entries must be submitted via Swimming New Zealand Fastlane. Submission of entries confirms acceptance of meet rules and conditions. All LTS, swimmers to complete Google Form above.

### Entry Fees:

**Meet Fee: \$45 per swimmer (GST inclusive)** - one fee per swimmer / up to 5 events entered.

**Entries Close:** 11:59 PM, Sunday 7th June 2026

**Google Form close:** 11:59 PM, Sunday 7th June 2026

**Late Entries:** Close 9.00 PM, Tuesday 9th June 2026 and are at the discretion of the Technical Director, pending lane availability.

**Late Entry Fee: \$50 per swimmer**, payable before the meet, for competitive or non-competitive swimmers.

**Name:** St Paul's Swimming Club

**Bank Account:** BNZ 02-0316-0419481-00

### Meet Queries to our Meet Recorder:

Ana Copocean - swimrecorder@stpauls.school.nz

**Volunteers:** Please email your club volunteers (Coaches, Team Managers, Timekeepers, and Officials) by Thursday 11th June 2026.

**Team Managers' Meeting:** A briefing will be held prior to Session 1 and Session 2

An announcement will be made during warm-up. Each club is encouraged to send a representative.

**Photography:** Participants agree to allow photos or video footage to be taken by accredited photographers approved by Swimming Waikato or affiliated clubs/media.

**Timing & Marshalling:** Clubs must provide 1 timekeeper per 4 swimmers.

Self-marshalling will be in place except for 25m Races

**Withdrawals & Refunds:** Refunds only issued with a medical certificate, at the discretion of the Technical Director.

No refunds for withdrawals without valid medical documentation.

**EVENT 7 it will shown as 200m free on Fastlane. If you wish to swim 300m free, tick event number 7 as per flyer.**

**For all events with fins or kickboard you will need to pick and tick the number from the flyer, as additional description will not be shown on database.**

**You must bring your own equipment.**



# WINTER FESTIVAL

## Special Event Rules – Winter Festival

These events are designed to be fun, fast, and a little different. Please read the rules carefully. Swimmers must know how each event works before entering. If unsure, please ask your coach or team manager.

### Dive & Glide Distance Challenge

Free Event, with registration – **Open to both 13+ and 12 & Under swimmers**

**For this event register here: [Glide Event registration](#)**

Held at the end of warm-up – swimmers will be invited down to take part.

Objective: Glide as far as you can underwater without kicking or stroking.

#### Rules:

Start with a dive.

No kicks or arm strokes allowed – streamline only.

Distance is measured to where the swimmer stops or breaks streamline. Swimmers will be measured to their hands by the referee

**Prize: One Winner per age group (12U, 13-15, 16+) and gender (Male and Female), awarded \$1 per metre glided (up to a maximum of \$25)**

### Event 4 – Broken 150 Freestyle

Objective: Swim 3 × 50m on a 1:00 send-off. The fastest average 50m time wins.

#### Rules:

First 50m is a dive start, next two are from a push.

Swimmers rest on the wall between each 50.

Total time and average 50m time recorded.

The starter will give 10sec warning before the next 50m starts

**The fastest average time wins the event.**

### Event 9 – 50m World Record Attempt (with Fins)

Objective: Race 50m with fins and try to beat the world record!

World Records: Men – 19.90s | Women – 22.83s (as of May 2026)

Prize: The swimmer who goes under the the time by the most seconds is the winner

Rules: Fins must be worn. (No paddles or snorkels.). Start from a dive or push.

Diving with fins is at the swimmer's own risk. If not confident, swimmers may start from a push in the water.

#### IMPORTANT:

All swimmers must bring their own fins.

Swimmers without fins cannot take part in this event.

#### Prizes for Males and Females Winners, Event 9:

\$50 1<sup>st</sup> Place

\$35 2<sup>nd</sup> Place

\$20 3<sup>rd</sup> Place



# WINTER FESTIVAL

## Special Event Rules – Winter Festival

### Event 10 and event 19 – Random 100 IM

Objective: Race 100m IM – but in a random stroke order!

Stroke order will change for each heat.

The order will be announced before your heat. And a displayed on the big screen

Rules:

One 25m of each stroke must be swum (Back, Breast, Fly, Free).

No stroke can be repeated. Turns must meet legal stroke rules. Final placing is based on total time,

### Skinz Event – 25m Freestyle Elimination, available for both sessions

Event Format:

The 8 fastest male and 8 fastest female swimmers from Event 1 and Event 14, 25m Freestyle, regardless their age, will qualify for the Skins 25s Freestyle event at the end of session 1 and session 2.

Distance: 25m Freestyle

Interval: One 25m race every 1 minute 30 seconds (1:30)

Elimination: For the first two rounds the slowest two swimmers in each round are eliminated. When four swimmers are standing, we eliminate one by one until two swimmers will remain for final head-to-head race.

**Rules:** Start Procedure: Standard dive start. False starts will result in disqualification.

#### Elimination Process:

After each 25m race, the two slowest swimmers are eliminated in the first two rounds. When four swimmers are standing, we eliminate one by one until two swimmers will remain for the final 2 spots.

Final placings are based on the order of elimination.

#### Tie Rule:

If there's a tie for an elimination position, swimmers will play Rock-Paper-Scissors poolside to decide who continues. The winner advances to the next round.

#### Recovery Time:

1:30 between each round. Swimmers must be ready behind the blocks for the start of the next swim

**Final Race:** The last two swimmers race head-to-head for the win

#### Prizes for 13 +, Male and Female:

1<sup>st</sup> place – \$30

2<sup>nd</sup> place – \$20

3<sup>rd</sup> place – \$10

#### Prize for 12U session, Male and Female

1<sup>st</sup> place – \$30

2<sup>nd</sup> place – \$20

3<sup>rd</sup> place – \$10